



Department of Health and Human Services
MaineCare Services
Member Services
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First Name Last Name

Address 1

Address 2

City, State. Zip Code

January 18, 2017

Dear MaineCare Member,

You are getting this letter because you are on the MaineCare Section 29, Support Services for Adults with Intellectual Disabilities or Autistic Disorder waiver and you are eligible for a new service. The service is called respite. Ask your case manager about it.

Respite can help when the people who support you need to be away. A respite worker will give you the care that your family or usual support worker gives you while that person is away. Respite can happen in your own home or in some other approved place. There is a limit of \$1,000.00 each year for respite. This means that you can only get a certain amount of time with a respite worker when your usual worker is away.

Here is how to get respite:

1. Ask your case manager for a list of respite agencies.
2. You will choose which agency you want.
3. Your case manager will help set up respite services.

The agency you choose will explain to you what they will do for you and what you have to do. You will meet the respite person before they start helping you.

Respite needs approval just like every other waiver service. Your case manager knows how to ask for approval. Please keep in mind that it can take a few weeks to get this service approved. You and your case manager should get approval for this service ahead of time.

If you ever want to change respite agencies, you can. Your case manager can help you.

Talk to your case manager if you have questions about respite.

Thank you,

Stefanie Nadeau, Director
Office of MaineCare Services